

Sustainable palm oil investigation

Palm oil is found in over 50% of household products. You may be surprised to know that you have products in your cupboards that contain palm oil.

Using our easy tick sheet, investigate which products contain palm oil and which ones don't. You especially want to find any containing sustainable palm oil - this means that you're protecting wildlife just by buying it!

Product	Tick which one you find		
e.g. bread, biscuits, ice cream, margarine, pasta, crisps, cakes, sauces, pet food etc.	RSPO logo or Sustainable Palm Oil listed in ingredients 	Palm oil listed in ingredients	No palm oil listed in ingredients